



Curtis Junior & Senior High  
Menus for  
**October  
2022**

This institution is an equal opportunity provider.  
Menus are subject to change.

## Weekly Specials

**MONDAY**  
Pasta Bar

**TUESDAY**  
Teriyaki Chicken or  
Sloppy Joe

**WEDNESDAY**  
Macaroni & Cheese

**THURSDAY**  
Sweet & Sour Chicken

**FRIDAY**  
Baked Potato Bar or  
Chicken Drumstick &  
Breadstick

## HELP WANTED!

Our Auxiliary Services Department is hiring Substitute Food Service workers, Custodians and Bus Drivers. Flexible hours. Location varies by need

Please visit [www.UPSD83.org](http://www.UPSD83.org) and click on the "Employment" tab to see job and pay details and to fill out an application.

### 2022-23 Meal Prices

**Breakfast:**  
 Grades K-4 — \$2.00  
 Grades 5-7 — \$2.25  
 Grades 8-12 — \$2.50

**Lunch:**  
 Grades K-4 — \$3.50  
 Grades 5-7 — \$3.75  
 Grades 8-12 — \$4.00

Milk Only — .70 cents

Students who qualify for Free or Reduced Price Meals:  
No Charge for Breakfast & Lunch

.70 cents for milk ala carte.

**OCTOBER IS**  
*Breast Cancer*  
**AWARENESS MONTH**

### *Available Daily*

*Cheese Pizza*

*Pepperoni Pizza*

*Hamburgers or Cheeseburgers*

*Chicken Burgers*

*Nachos*

*Soft Tacos*

*Chicken or Beef Nuggets*

*Fresh Fruits & Vegetables*

*Deli Express Sandwiches*  
*(Curtis High School Only)*